# City of Veneta Summer 2015 Recreation Guide



Pool Opens: June 13th Swim Lessons Start: June 22nd Pool Closed for July 4th Pool Closes: August 28th



## **Swimming Lessons & Class Descriptions**

#### **Group Lessons**

Swim lessons are 2 week sessions held Monday - Thursday

#### Parent/Child Ages 6 months - 3 years

Mom/Dad will receive safety tips, skill techniques, and games to enhance baby's introduction to the water. Prerequisite: None

#### Learn to Swim: Preschool Ages 3 - 6 years

**Tots** - Students get more comfortable in the water, learning to blow bubbles and bob underwater. Prerequisite: None

**Advanced Tots -** Students will learn to float on their back and begin strokes. Prerequisite: Tots

**Flippers** - Students will learn the front crawl and begin proper breathing techniques. Prerequisite: Advanced Tots

**Advanced Flippers** - Students must be able to swim 10 yards unaided on front and side glide with rhythmic breathing. Students will practice the front crawl and back stroke. Prerequisite: Flippers

## Swim Instruction: Ages 7 years & Up Starfish - Introduction to Water Skills



Students will learn to enter and exit the water unassisted, bob up and down, float on front, roll to their back and float on the back.

Prerequisite: None

#### **Catfish - Fundamental Aquatic Skills**



Students will learn to step from chest-deep water, front to back floating, push off and swim using a combination of arm and leg actions on the front and back. Prerequisite: Flippers or Starfish

#### **Swordfish - Advanced Aquatic Skills**



Students will focus on endurance and swimming the full length of the pool. They will practice front crawl, backstroke, sidestroke, frog kicks and treading water. Prerequisite: Catfish

#### **Sharks - Stroke Development**



Students will be able to jump into water from the side, swim front crawl with face in the water and rhythmic breathing, maintain position by treading or floating and swim back crawl.

Prerequisite: Swordfish

#### **Dolphins - Stroke Improvement**



Pre Swim Team - Must be able to swim 25 yards front crawl with alternating side breathing, elementary backstroke and regular backstroke. Students will practice all strokes and flip turns. Prerequisite: Sharks or Instructor Approval

#### **Swim Team**

Participants will build up endurance practicing common race distances and continuing to improve all strokes. Participants will learn how to start from the blocks and complete flip turns.

Prerequisite: Sharks, Dolphins or Coach Approval

#### Private Swim Lessons

Our Private Swim Lesson program offers one-on-one attention. Students are paired with an instructor based on their needs and abilities. Instructors use positive reinforcement and a fun learning environment to help every child/adult feel successful in the water. There are several days and time slots to choose from. Prerequisite: None

#### **Aerobics Class**

Water aerobics classes are for all age groups and fitness levels. This is a full body workout. Water aerobics are easy on the joints. Flotation equipment is optional depending on your fitness level.

A.M. Class: In deep water. Jogging while treading water, working on

the core, flutter kicks, arm dips and much more.

P.M. Class: In shallow water. High or low intensity moves. Jumping,

jogging, jumping jacks, working your legs, arms, & core.

# **Swimming Pool Fees**

Season Pass

\$ 55.00

\$ 71.00

\$140.00

\$ 55.00

\$ 87.00

\$185.00

Out of City

\$ 40.00

#### **Pool Entry Fees** in City Single Visit Youth & Senior \$ 30.00 \$ 3.50 Adult \$ 4.50 \$ 38.50 Family Pass\* \$ 90.00 \$11.00 **Out of City** Youth & Senior \$ 3.50 \$ 30.00 \$ 5.50 \$ 47.00 Adult

\$13.00

#### Swimming Lessons

Family Pass\*

Group lessons/per session

Session 1: June 22 - July 2
 Session 2: July 6 - July 16

Session 3: July 20 - July 30Session 4: August 3 - August 13

Registration begins June 13th for all sessions.

You may register on the first day of the session as long as there is room in the class. Classes fill up on a first-to-register basis.

\$105.00

In City

\$ 38.00

Private Lessons Fees are per 1/2 hour	<u>In City</u> \$ 12.00	Out of City \$14.00
Fitness Single Visit	In City \$ 5.00	Out of City \$ 6.00
Punch Pass	\$ 44.00	\$50.00

Lap swim restricted to 2 lanes during swim lessons

\$75.00		
Per Hour		
\$110.00		
\$135.00		
\$160.00		

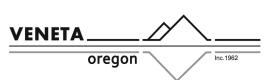
• Senior Rate age 62 and over.

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- \*Five (5) person max, \$2 per each additional household member per visit.
- \*\*Punch card good for ten (10) visits, not valid on special events.
- Note: Schedule and fees subject to change; for current information, please call the pool at 541-935-4390 or visit our website at www.VenetaOregon.gov



Veneta Community Pool 25190 E. Broadway St. Veneta, OR 97487 Pool Phone: 541-935-4390



City of Veneta 88184 8th St., Veneta, OR 97487 541-935-2191 www.VenetaOregon.gov

## 2015 Pool Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
6:00-7:00									
7:00-8:15	Water Aerobics	Lap Swim	Water Aerobics	Lap Swim	Water Aerobics				
	Lap Swim		Lap Swim		Lap Swim				
8:15-9:15		Swim	Team	2000 Sancora					
	Group Lessons			Lap Swim					
				H2O Basketball					
9:30-12:00				Lap Swim					
				10:30-12:00					
12:00-1:00	Lap Swim, Private Lessons								
	1:30 Open Swim								
1,20,4,20									
1:30-4:30	Open Swiiii								
9							-		
5:00-6:45	Group Lessons, Lap Swim			Family Swim	Family Swim	Private Rental			
				Lap Swim		Available			
7:00-8:30	Family Swim Aerobics Class Family Swim Aerobics Class			Family Swim Aerobics Class	Family Swim	Private Rental Available			

\*\*Lap swimming restricted to two lanes during swim lessons

## Summer Fun at Veneta Pool



#### **Summer Solstice Party**

Sat. June 20 6:00-8:00 p.m.

As the sun reaches its farthest point north of the equator, come soak up the rays, enjoy some delicious BBQ, listen to music and participate in fun games all evening long. The whole family will enjoy this fun night out at the pool. Normal swim rates apply.



#### **Night Waves Teen Party** Fri. July 17

#### 8:30-10:00 p.m. With DJ Barry MacGuire

Teens age 13-17 are invited to come listen to music. dance, win prizes and of course swim at this after-hours pool party. No hovering parents, no whining siblings, just you and your friends hanging out at the pool. Admission is \$3 per person.



#### **Family Fun Night**

Fri. July 31 6:00-8:00 p.m.

In search of an event the whole family can enjoy? Join us for family fun night! Games, water toys, sprinklers and plenty of fun! Bring your adventurous spirit and plan on swimming and splashing the night away. Normal swim rates apply.

#### Free Lunch at City Park

June 22 - August 21



Mon - Fri 12-1 p.m. Children Age 2-18 Kids eat free lunch at Veneta City Park (Broadway). Courtesy of FOOD for Lane County (Closed July 3rd). First come, first serve!

#### OCF Culture Jam 2015

August 2-9, 2015 • Age 14-18



Each summer for a week, 50 youth age 14-18 and a diverse staff of 25 artists, performers, nature educators & community activists meet on the

Country Fair site for a dynamic summer np experience called Culture Jar For more information call the Fair office at 541-465-2230.

#### Lane Arts Creative Camp Summer is All About Art!

Join us at the Veneta Community Center in Partnership with the Lane Arts Council for this

hands-on, environmentally inspired Creative Art Camp!

Times: Mondays - Thursdays, 8:30 AM - Noon \$45 per session, scholarships are available! Fees:

To Register: http://lanearts.org/allaboutart2015/

For questions: call 541-485-2278.

Session 1 - July 6 - 16: Bats, Bugs, Bogs, and Frogs Art Build your own bat mobiles, clay projects, wooden bat houses, mono prints, bug prints and more while you learn about the awesome animals that share our park! Just like a real scientist, you can study creepy critters in the field, watching tadpoles transform into frogs and keeping track of their metamorphosis in your wildlife sketch book / log book.

#### Session 2 - July 20 - 30: Artful Night Creatures

earn an about nocturnal ariimais as you try painting t-shirts and canvas bags, fabric dyeing with markers, and loads of other fun

#### **Applegate Regional Theatre**

#### **Summer Drama Camps** August 3rd - August 27

\$200 for 4 week session 8 - 11yrs 10 to NOON 12 - 18yrs 1-4 p.m.

- Acting / Stage Movement
- Theatrical Make-up
- Sewing / Costuming
- Painting / Fine Art
- · Voice / Singing

Performance/demonstration on evening of August 27th

All classes held at: Applegate Regional Theater 87230 Central Rd. (Corner of Central & Fleck, former Central School)

To register or get more information call 541-935-3636 or art-inc@hotmail.com



### Fern Ridge Library Summer Reading 2015



## Sign ups start June 12th!

Sign up is free and open to all children and teens, ages 0-18. Sign up and receive a free book and track your reading for a free t-shirt and a chance at other great prizes.





#### Children programs every Tuesday at 1:30pm

June 23 Presto! The Magician June 30 WREN-Heroes in Nature

July 7 **Community Heroes** July 14 Science Museum July 21 Comic Book Craze July 28 Hero Training

Aug. 4 Bike Safety Juggler Rhys Thomas Aug. 11



#### Teen programs every Thursday at 1:30pm

June 25 Pizza and Pages July 2 Minute to Win It Comic Book Workshop July 9 July 16 Heroes VS Villains July 23 **Crafty Comics** July 30 Heroes of Olympus Superhero Murder Mystery Aug. 6

Ice Cream Party Aug. 13

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